

BREAST PUMP CLEANING GUIDE

Keeping the parts of your pump clean is critical, because germs can grow quickly in breast milk or breast milk residue that remains on pump parts. So it is vital that as soon as possible after pumping, clean pump parts that come into contact with breast/breast milk in one of the following ways:

Step 01

Place pump parts in a clean wash basin used only for infant feeding items. Do not place pump parts directly in the sink!

Step 02

Add soap and hot water to basin.

Step 03

Scrub items using a clean brush used only for infant feeding items.

Step 04

Rinse by holding items under running water, or by submerging in fresh water in a separate basin.

Step 05

Air-dry thoroughly. Place pump parts, wash basin, and bottle brush on a clean, unused dish towel or paper towel in an area protected from dirt and dust. Do not use a dish towel to rub or pat items dry!



AEROFLOW BREASTPUMPS TIP#1

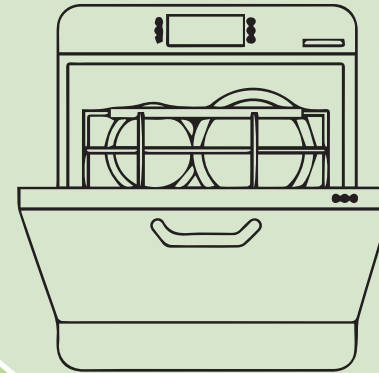
Having an extra set of breast pump supplies on hand is a great way to ensure you never have any interruptions in your breastfeeding schedule.

Cleaning by Hand



Clean In Dishwasher

(if recommended by pump manufacturer)



Step 01

Clean pump parts in a dishwasher, if they are dishwasher-safe. Be sure to place small items into a closed-top basket or mesh laundry bag.

Step 02

Add soap and, if possible, run the dishwasher using hot water and a heated drying cycle (or sanitizing setting).

Step 03

Remove from dishwasher with clean hands. If items are not completely dry, place items on a clean, unused dish towel or paper towel to air-dry thoroughly before storing. Do not use a dish towel to rub or pat items dry!

For more information on how to keep your clean every day, safe storing, and more, visit <https://aeroflowbreastpumps.com/cdc-breast-pump-cleaning-guidelines> or <https://www.cdc.gov/healthywater/hygiene/healthychildcare/infantfeeding/breastpump.html>