BREAST PUMP CLEANING GUIDE

Keeping the parts of your pump clean is critical, because germs can grow quickly in breast milk or breast milk residue that remains on pump parts. So it is vital that as soon as possible after pumping, clean pump parts that come into contact with breast/breast milk in one of the following ways:

**Step 01**
Place pump parts in a clean wash basin used only for infant feeding items. Do not place pump parts directly in the sink!

**Step 02**
Add soap and hot water to basin.

**Step 03**
Scrub items using a clean brush used only for infant feeding items.

**Step 04**
Rinse by holding items under running water, or by submerging in fresh water in a separate basin.

**Step 05**
Air-dry thoroughly. Place pump parts, wash basin, and bottle brush on a clean, unused dish towel or paper towel in an area protected from dirt and dust. Do not use a dish towel to rub or pat items dry!

**AEROFLOW BREASTPUMPS**

**TIP#1**
Having an extra set of breast pump supplies on hand is a great way to ensure you never have any interruptions in your breastfeeding schedule.

**TIP#2**
For extra germ removal, sanitize parts, wash basin, and bottle brush after being cleaned. Items can be sanitized using steam, boiling water, or a dishwasher with a sanitize setting.

**Clean In Dishwasher**
(if recommended by pump manufacturer)

**Step 01**
Clean pump parts in a dishwasher, if they are dishwasher-safe. Be sure to place small items into a closed-top basket or mesh laundry bag.

**Step 02**
Add soap and, if possible, run the dishwasher using hot water and a heated drying cycle (or sanitizing setting).

**Step 03**
Remove from dishwasher with clean hands. If items are not completely dry, place items on a clean, unused dish towel or paper towel to air-dry thoroughly before storing. Do not use a dish towel to rub or pat items dry!

For more information on how to keep your clean every day, safe storing, and more, visit https://aeroflowbreastpumps.com/cdc-breast-pump-cleaning-guidelines or https://www.cdc.gov/healthywater/hygiene/healthychildcare/infantfeeding/breastpump.html